

The Jolly Organizers present the
2021 One Day Summer Seminar



CAROLE MOSER ROSS

Pilates entre Ciel et Eau



Carole, a Western States Chiropractic College graduate, has her own office in Neuchâtel where she works with a group of colleagues. She is a certified Pilates teacher since 2008.

Saturday August 28, 2021

Postponed to the next day, August 29, weather depending

Cancelled if both day inadapted

SCSC and ChiroSuisse

approved 2 hours Continuing Education Credits



Pilates Paddle

La Pointe Du Grain à Bevaix, canton de Neuchâtel

Map on the last page

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JO Summer 2021 Programme



Saturday 28.08

09:45

CAFÉ / CROISSANT

CAROLE MOSER ROSS

10:30

Pilates explained.

10:45 - 11:45

Pilates Paddle lesson on the paddles

SECOND GROUP ALTERNATING WITH ANOTHER ACTIVITY
IF MORE THAN 7 PARTICIPANTS. THEN:

12:00 - 13:00

Second group Pilates Paddle lesson on the
paddles if more than 7 participants.

MEAL AT "LA POINTE DU GRAIN BU-
VETTE" AT OWN COST.

In case of bad weather, in particular high winds, the event is postponed to the next day or cancelled if both days are inadequate

PADDLES PROVIDED BY THE ORGANIZER

TAKE WATER GARMENTS, SHORTY, UV T-SHIRT, TONGS, HEAD
CAP, SOLAR PROTECTION, BEACH TOWEL AND A BOTTLE OF
WATER.

All presentations in english



SCSC JO SUMMER SEMINAR 2021



FEE REGISTRATION

- | | | |
|--------------------------|-----------------|----------|
| <input type="checkbox"/> | SCSC member | CHF 50.- |
| <input type="checkbox"/> | Non SCSC member | CHF 60.- |

Title: _____ SCSC member: ☐ yes ☐ no
L.Name, F.Name: _____
Street _____
NPA, Town: _____
Country: _____ Mobile: _____
Office phone: _____ FAX: _____
Email: _____

Submit this form either by:

1. Mail: Roger Picard,
rue de Flore 32, 2502 Biel/Bienne, Switzerland or
2. Email: roger.picard@chirosuisse.ch or
3. Fax: +41 (0)32 323 66 63

Places are limited, register as soon as possible, latest on August 11th

Payment to:

Banque Raiffeisen Broye - Compte 10-351-5 - 1530 Payerne
CH03 8047 9000 0162 4586 1 The Jolly Organizers 2502 Biel/Bienne
SWIFT-BIC: RAIFCH22 Nb CB SIC: 0479

Registration is not valid until payment is received.
All cancellations will incur a CHF 50.00 administration fee
No refund with cancellation after October 08, 2018

Pointe du Grain à Bevaix
1st large parking
small path to the beach at the level of the
white parked van
46°55'39.76N / 6°50'15.17E

