

ICSC Seminar Lausanne, Switzerland

Lower extremity module

August 28-29, 2022

This FICS seminar is organized with the help of the SCSC. It covers the upper extremity which is part of the requirement for obtaining chiropractic sport certification. Last year the upper extremity seminar was offered. Those who you have done the upper extremity seminar requirement you can obtain the ICSC upon completion of the e-learning modules.

The seminar is held during the international athletic event [Athletissima](#), one more reason to come to Lausanne.

FICS ICSC Lower Extremity Seminar Lausanne

Registration

20 CE credits EU members 12 CE credits for Swiss chiropractors

No obligation to sign up for the sports certification program, the seminar can be taken independently.

Event Outline

This seminar meets one of the 'hands-on seminar' requirements of the FICS International Certificate in Sports Chiropractic (ICSC) and the minimum standard for those wishing to develop the competencies required in sports chiropractic to serve at official FICS international events. To learn more about the ICSC, please visit: <https://fics.sport/education/>

The 1.5-day program for this seminar incorporates (10 hours of theory and 10 hours of Practical workshops) FICS' renewed ICSC curriculum and includes a range of lectures with a sports chiropractic focus, although relevant information for general chiropractic practice is included.

PROGRAMME OUTLINE Lower Extremity – (ankle, foot, hip and knee)

- [Program overview and learning objectives](#)

- Emergency procedures - theory and practicum assessment
- Motion palpation (Mopal)/Chiropractic Manual Treatment (CMT) - theory and lab
- Soft tissue Interventions - theory and lab
- Taping - theory and lab
- Lower extremity - practicum assessment

Theory on-line : Participants will be connected to the theory part of this course 30 days before the face-to face seminar. The participant completes the theory as online learning which consists of five sections each two hours. The theory **MUST** be completed prior to attending the face-to-face practicum session.

Practical Face to Face: Saturday 27 to Sunday 28 August 2022 (10 hours Practical)

Program

Saturday 27 August

- 08:00 – 08:30 Registration/ Welcome Tea & Coffee
- 08:30 – 12:30 Lectures + short breaks
- 12:30 – 13:30 Lunch
- 13:30 – 17:30 Lectures + short breaks

Sunday 28 August

- 08:00 – 08:30 Registration/ Tea & Coffee
- 08:30 - 12.00 Lectures + short breaks

Close of day

Speakers

Dr Christine Foss – Full bio and abstract: <https://fics.sport/dr-christine-foss/>

Registration fee

- FICS / SCSC members : 550 CHF
- Non-SCSC members * : 700 CHF
- Swiss students and assistants** : 350 CHF

* By joining the SCSC it is possible to benefit of the reduced member price. Check the [SCSC site](#)

** Swiss 'Student-Assistant' Special : For the obtention of a ICSC, membership at the Swiss Chiropractic Sports Council (SCSC) is needed. Regular first year member fee is 100. To encourage joining the SCSC a 50 CHF allowance is granted.

In addition to this, SCSC will pay 50 francs for each completed ICSC hands-on seminar.

Accommodation : (self book): because of the Athletissima event in Lausanne, it is recommended you make hotel reservations EARLY.

Venue : MSI Maison du Sport International Avenue de Rhodanie 54, CH-1007 Lausanne

Registration : <https://fics.sport/product/switzerland-lausanne-icsc-lower-extremity-seminar/>

Swiss Contact : Nils OSSEIRAN at n.osseiran1@gmail.com