



Fédération Internationale de Chiropratique du Sport
The International Federation of Sports Chiropractic

The International Certificate in Sports Chiropractic (ICSC) Program



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1.0 Acronyms

ACBSP	American Chiropractic Board of Sports Physicians
CAD	Canadian Dollar
CCEI	Councils on Chiropractic Education International
CCSP	Certified Chiropractic Sports Physician
CPR	Cardiopulmonary resuscitation
DACBSP	Diplomate American Chiropractic Board of Sports Physicians
eLS	Electronic Learning System
FICS	Fédération Internationale de Chiropratique du Sport / International Federation of Sports Chiropractic
FRCCSS(C)	Fellow of the Royal College of Chiropractic Sports Sciences (Canada)
ICSC	International Certificate in Sports Chiropractic
RCCSS(C)	Royal College of Chiropractic Sports Sciences (Canada)
USD	United States Dollar

2.0 General Information



One of FICS primary objectives is promoting excellence in postgraduate education and practice in sports chiropractic worldwide, in part through the development of postgraduate sports chiropractic programs.

FICS's aim is to set an appropriate minimum standard in theoretical and practical sports chiropractic education for chiropractors wanting to develop special competence in the field of sports chiropractic and to be qualified to serve on FICS teams, or teams selected with assistance from FICS, at international events.

The International Certificate in Sports Chiropractic (ICSC) program produces a well-rounded individual chiropractor that is qualified to work at sporting events throughout the world. Furthermore, it is the minimum qualification required to be part of a FICS chiropractic delegation at regional sporting events, international events such as the regional and world championships, the World Games, or the Olympic Games.

It is mandatory to have an ICSC and be a member of FICS to be selected for a FICS team. This is necessary to assure the games organizers and the athletes that all doctors on the team are properly qualified and experienced, and to promote the professionalism and future of sports chiropractic. This is what differentiates FICS members from other attending professionals.

The ICSC program is a postgraduate certification program that is a combination of distance learning via an electronic learning system (eLS) and two weekend seminars (hand-on modules). The faculty for the seminars consists of internationally prominent sports chiropractors with extensive experience in treating athletes at international sporting events.

Price Increase from 1 October 2019:

The current price for the eLS is \$2,000 USD for FICS Members and \$3,500 USD for Non Members (inclusive of all 10 modules). This tuition price for FICS members will increase to \$2,500 USD on 1st

October 2019 so encourage your members to jump in and register early. The price increase is representative of the newly designed program and lends itself to the improved quality and current information in the ICSC program. FICS has made efforts to keep our costs at an affordable rate while limiting annual increases. It is not uncommon to see tuition costs increase at rates of 2%-10% per year (<https://www.insidehighered.com/news/2017/10/25/tuition-and-fees-still-rising-faster-aid-college-board-report-shows>). FICS has not increased the price of the e-learning courses since 2010 and this 25% increase falls in that lower range (2.5% per year).

FICS wants to provide the highest quality and most current sports chiropractic information to our members and train high quality doctors. The new FICS landing site can be found at www.ficsport.org and it is through this link that you can register for all the amazing new modules!

3.0 Outline



3.1 Hands-on - Lower Extremities

A 20-hour hands-on program that covers the treatment of common sports injuries of the lower extremities: including joint assessment and manipulation, soft-tissue applications, and taping. A short lecture and review of head injuries in sport is also provided.

3.2 Hands-on - Upper Extremities

A 20-hour hands-on program, which covers the treatment of common sports injuries of the upper extremities including joint assessment and manipulation, soft-tissue applications, and taping. A short lecture and review of head injuries in sport is also provided.

3.3 On-Line ICSC (eLS)

The eLS consists of TEN modules. After each module, you will be required to pass a quiz. Each quiz must be passed in order to receive a Module Completion Certificate. **Print/save each certificate for your records.** The ten modules include:

1. International Sports Chiropractic
2. Professional Boundaries
3. Head Injuries in Sport
4. Upper Extremity Injuries in Sport
5. Lower Extremity Injuries in Sport
6. Spine Injuries in Sport
7. Sports Rehabilitation
8. Sports Imaging
9. Sports Physiology
10. Special Populations

The pass mark for all quizzes is 80%. If you attain less than 80% in any of the quizzes, you may re-take the quiz after 24 hours has elapsed from your first attempt. We encourage you to review the material during these 24 hours to assist your success on the second attempt. If on the second attempt,

the score is less than 80%, you may retake the quiz after 7 days has lapsed. Again, during this time, we encourage you to review the materials to ensure a successful outcome.

If you have an approved advanced standing because of a prior postgraduate qualification from another source (e.g. Masters degree in a sports and performance related field, DACBSP or CCSP from the American Chiropractic Board of Sports Physicians, FRCCSS(C) from the Royal College of Chiropractic Sports Sciences (Canada)), only the International Sports Chiropractic Module is required to be completed. The quiz must be passed with a minimum of 80% and you must save your Module Completion Certificate for your records.

3.4 Professional experience

- Demonstrate practical [experience](#) by documenting at least 50 different athletic injuries and treatments. If you choose this method of demonstrating professional experience, click the link above for the required ‘practical experience’ spreadsheet or request a copy from the FICS Administrator - admin@FICSport.org.
- **Or** provide a letter in English on a letterhead from a high performance team coach/administrator confirming that you have been their team chiropractor for at least one full season. High performance implies the team you are working with is competitive. For classification purposes: working with a team of 10 year-old soccer children is **NOT** considered high performance; working with a secondary school or club team that competes against other club teams with the intent of an outcome of improving their ranks in a league, etc. **DOES** count as high performance.
- **Or** write a case study, or other publishable manuscript, where the topic has relevance to sports and performance and is published in a peer reviewed journal or a poster presentation, either at one of the FICS Symposia or at an international sports science conference (with a peer review process).

Note: FICS requires the full program (including the eLS) to be completed within three years.

4.0 How to Apply



4.1 Eligibility

In order to apply for the ICSC and participate in the eLS and/or in any of the hands-on seminars you must fulfill the following criteria:

1. Be a qualified chiropractor from a CCEI recognized accredited school. For the list of acceptable accredited institutions, click on the appropriate link below.
<https://fics-sport.org/portal/index.php/en/education>
2. Undergraduate students in their **final year** can complete the hands-on seminars and the eLS. **The Professional Experience must be completed after graduation.**
3. All requirements must be completed (in no particular order) within three years from the date of enrolment.

Note: For those who already have an approved postgraduate sports chiropractic qualification from another source, these may qualify you for advanced standing in the ICSC through recognition of prior learning (see 4.3 and 4.4).

Examples of such qualifications include:

- *USA - a CCSP or DACBSP from the American Chiropractic Board of Sports Physicians (ACBSP)*.*
- *Canada - a FRCCSS from the Royal College of Chiropractic Sports Sciences (Canada) (RCCSS(C))*
- *Masters degrees in sports and performance related fields (different from and in addition to the one received as part of the chiropractic qualification)**.*

** FICS notifies readers that FICS and the ACBSP are two separate and independent organizations and that the ACBSP does not participate in or endorse FICS educational programs.*

*** If you have any questions on whether your postgraduate Masters degree is acceptable please contact FICS (see 7.0).*

4.2 Applicants without a Postgraduate qualification

The following information should be emailed to the FICS Administrator - admin@FICSport.org

1. Complete the FICS eLS: www.FICSport.org. Send digital copies of the Module Completion Certificates.
2. Complete both hands-on seminars; Upper and Lower Extremity. Send copies of the Completion Certificates.
3. Provide proof of Professional Experience:
 - Demonstrate practical [experience](#) by documenting at least 50 different athletic injuries and treatments. See 3.4 for more details.
 - **Or**, provide a letter in English on a letterhead from a high performance team coach/administrator confirming that you have been their team chiropractor for at least one full season. High performance implies the team you are working with is competitive. For classification purposes: working with a team of 10 year-old soccer children is **NOT** considered high performance; working with a secondary school or club team that competes against other club teams with the intent of an outcome of improving their ranks in a league, etc. **DOES** count as high performance.
 - **Or**, write a case study, or other publishable manuscript, where the topic has relevance to sports and performance and is published in a peer reviewed journal or a poster presentation either at one of the FICS Symposia or at an international sports science conference (with a peer review process).
4. Provide copy of current certification in CPR or equivalent credentials in emergency procedures - not more than 2 years old.
5. Provide copy of transcript or diploma from your accredited chiropractic institution. This institution **MUST** be listed on this link for approval;
<https://fics-sport.org/portal/index.php/en/education>
6. Provide copy of current chiropractic license/registration
7. Payment of final administration (review of records) cost after approval of the certificate is received. Further instructions to complete this will be provided after the other documents are approved.

4.3 Applicants with a Postgraduate qualification (other than a CCSP)

Those with a DACBSP or FRCCSS(C) or qualifying Masters Degree in Human Performance, Sports Science or equivalent.

The following information should be emailed to the FICS Administrator - admin@FICSport.org

1. Complete the International Sports Chiropractic module **ONLY**, at the FICS eLS www.FICSport.org. Send digital copy of the Module Completion Certificate. You are not required to complete any further modules. However, you are welcome to register for more training.
2. Provide current certification in CPR or equivalent credentials in emergency procedures - not more than 2 years old.
3. Provide copy of transcript or diploma from your accredited chiropractic institution. This institution **MUST** be listed on this link for approval;
<https://fics-sport.org/portal/index.php/en/education>
4. Provide current chiropractic license
5. Provide copy of postgraduate sports chiropractic qualifications
6. Payment of final administration (review of records) cost after approval of the certificate is received. Further instructions to complete this will be provided after the other documents are approved.

4.4 Applicants with a CCSP

The following information should be emailed to the FICS Administrator - admin@FICSport.org

1. Complete the International Sports Chiropractic module ONLY, at the FICS eLS www.FICSport.org. Send digital copy of the Module Completion Certificate. You are not required to complete any further modules. However, you are welcome to register for more training.
2. Provide proof of Professional Experience:
3. Demonstrate practical [experience](#) by documenting at least 50 different athletic injuries and treatments. See 3.4 for more details.
 - **Or**, provide a letter in English on a letterhead from a high performance team coach/administrator confirming that you have been their team chiropractor for at least one full season. High performance implies the team you are working with is competitive. For classification purposes: working with a team of 10 year-old soccer children is **NOT** considered high performance; working with a secondary school or club team that competes against other club teams with the intent of an outcome of improving their ranks in a league, etc. **DOES** count as high performance.
 - **Or**, write a case study, or other publishable manuscript, where the topic has relevance to sports and performance and is published in a peer reviewed journal or a poster presentation either at one of the FICS Symposia or at an international sports science conference (with a peer review process)
4. Provide current certification in CPR or equivalent credentials in emergency procedures - not more than 2 years old.
5. Provide copy of transcript or diploma from your accredited chiropractic institution. This institution **MUST** be listed on this link for approval;
<https://fics-sport.org/portal/index.php/en/education>
6. Provide copy of current chiropractic license/registration
7. Provide copy of postgraduate sports chiropractic qualifications
8. Payment of final administration (review of records) cost after approval of the certificate is received. Further instructions to complete this will be provided after the other documents are approved.

4.5 Applicants with an existing ICCSP/ICSSD wishing to upgrade

The following information should be emailed to the FICS Administrator - admin@FICSport.org

1. Complete the Head Injuries in Sports module **ONLY**, at the FICS eLS www.FICSport.org. Send digital copy of the Module Completion Certificate. You are not required to complete any further modules. However, you are welcome to register for more training.
2. Provide copy of your ICCSP/ICSSD qualifications.
3. Payment of final administration (review of records) cost after approval of the certificate is received if you require an ICSC Certificate with FICS Seal for your records. Further instructions to complete this will be provided after the other documents are approved.

5.0 Costs involved



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- **On-Line ICSC (eLS) – Full Program**
FICS Member
USD \$2000 until 30 September, 2019
USD \$2500 starting 1 October, 2019

Non-FICS Member
USD \$3500
 - **Hands-on - Lower Extremities**
Additional cost and pending on the location
 - **Hands-on - Upper Extremities**
Additional cost and pending on the location
 - **Review of Records Administrative fee**
USD \$199
 - **Head Injuries module for existing ICCSP/ICSSD holders wishing to upgrade to the ICSC**
USD \$75

Note: FICS is not responsible for international or bank fees charged to your account as a result of these transactions

6.0 Checklist for Obtaining the ICSC



Once you have fulfilled all the criteria you must email the following to the administrative office: admin@FICSport.org. Refer to 4.2-4.5 for your specific requirements pending your current credential(s).

1. The FICS eLS: www.FICSport.org. Module Completion Certificates.
2. Both hands-on seminars; Upper and Lower Extremity.
3. Send copies of the Hands-on Seminar Completion Certificates.
4. Proof of Professional Experience:
 - Demonstrate practical [out-of-clinic experience](#) by documenting at least 50 different athletic injuries and treatments outside your clinic.
 - **Or**, provide a letter in English on a letterhead from a high performance team coach/administrator confirming that you have been their team chiropractor for at least one full season. High performance implies the team you are working with is competitive. For classification purposes: working with a team of 10 year-old soccer children is **NOT** considered high performance; working with a secondary school or club team that competes against other club teams with the intent of an outcome of improving their ranks in a league, etc. **DOES** count as high performance.
 - **Or**, write a case study, or other publishable manuscript, where the topic has relevance to sports and performance and is published in a peer reviewed journal or a poster presentation either at one of the FICS Symposia or at an international sports science conference (with a peer review process).
5. Copy of current certification in CPR or equivalent credentials in emergency procedures - not more than 2 years old.
6. Copy of transcript or diploma from your accredited chiropractic institution. This institution **MUST** be listed on this link for approval;
<https://fics-sport.org/portal/index.php/en/education>
7. Copy of current chiropractic license/registration
8. Payment of final administration (review of records) cost after approval of the certificate is received. Further instructions to complete this will be provided after the other documents are approved.

7.0 Contact



For more information please contact:

FICS Administration Office:

FICS Admin
PO Box 3032
Weston Creek, ACT 2611
Australia

Tel: +61 417 324 384
Email: admin@ficsport.org