

FICS ICSC Lower Extremity Seminar - Lausanne

Event Outline

This seminar meets one of the 'hands-on seminar' requirements of the FICS International Certificate in Sports Chiropractic (ICSC) and the minimum standard for those wishing to develop the competencies required in sports chiropractic to serve at official FICS international events. To learn more about the ICSC, please visit: <https://fics.sport/education/>

The 1.5-day programme for this seminar incorporates (10 hours of theory and 10 hours of Practical workshops) FICS' renewed ICSC curriculum and includes a range of lectures with a sports chiropractic focus, although relevant information for general chiropractic practice is included.

PROGRAMME OUTLINE Lower Extremity – (ankle, foot, hip and knee) - [Program overview and learning objectives](#)

- Emergency procedures - theory and practicum assessment
- Mopal/CMT - theory and lab
- Soft tissue Interventions - theory and lab
- Taping - theory and lab
- Lower extremity - practicum assessment

Theory: Participants will be connected to the theory part of this course 30 days before the face-to face seminar. The participant completes the theory as online learning which consists of five sections each two hours. The theory MUST be completed prior to attending the face-to-face practicum session.

Practical Face to Face: Saturday 27-Sunday 28 August 2022 (10 hours Practical)

Program

Saturday 27 AUGUST

08:00 – 08:30 Registration/ Welcome Tea & Coffee

08:30 – 12:30 Lectures + short breaks

12:30 – 13:30 Lunch

13:30 – 17:30 Lectures + short breaks

Sunday 28 AUGUST:

08:00 – 08:30 Registration/ Tea & Coffee

08:30 - 12.00 Lectures + short breaks

Close of day

SPEAKERS

Dr Christine Foss – Full bio and abstract: <https://fics.sport/dr-christine-foss/>

Registration fee – This is a seminar for Chiropractors

- FICS and Spanish NCSC members: 550 CHF
- Non-members: 700 CHF
- Final year student / 1st year graduate: 400 CHF

Accommodation: (self book): because of the Athletissima event in Lausanne, it is recommended you make hotel reservations EARLY.

Venue:

MSI Maison du Sport International Avenue de Rhodanie 54, CH-1007 Lausanne (Suisse)

Registration: <https://fics.sport/product/switzerland-lausanne-icsc-lower-extremity-seminar/>