



**Be in the Room!**

**ICSC LOWER EXTREMITY**

**Swiss Academy of Chiropractic**

**Sulgenauweg 38, 3007 Bern, Switzerland**

**06-07 JUNE 2026 (2 DAYS)**

**22 CE CREDITS**



**YOU'VE GOT THE PASSION.  
NOW ADD THE PRECISION.  
THIS ISN'T JUST PROFESSIONAL  
DEVELOPMENT IT IS A JOURNEY TO  
EXCELLENCE**

10% off before 15 March 2026



**REGISTER NOW**

**EARLY BIRD**

**DISCOUNT**

### **Step Into the Future of Sports Chiropractic**

FICS has teamed up with the Swiss Academy to bring you the International Certification Lower Extremity Seminar - a hands-on course designed to elevate your skills and open doors to international opportunities. Dr Foss is the author of Author of "Dissecting Sports Injuries of the Hip and has a Doctor of Medicine degree from the University of Health Sciences, and Doctorate in Chiropractic from New York Chiropractic College.

🏆 The ICSC allows you to be part of the movement shaping chiropractic care at International events

🤝 Connect with global leaders in sports chiropractic. Unforgettable days of learning, networking, and inspiration. **Take your place on the world stage.**

# INSTRUCTOR

# DR CHRISTINE FOSS



**SHE'S NOT JUST TEACHING SHE'S INSPIRING AND TRANSFORMING HOW CHIROPRACTORS ENGAGE WITH SPORTS INJURIES, ELITE ATHLETIC CARE AND YOUR PHYSICIALLY ACTIVE PATIENTS**

**She works daily with elite athletes and complex cases, and she's bringing her wisdom to YOU.**

- Author of "Dissecting Sports Injuries of the Hip"
- Director of the CCSP Program at Northeast Chiropractic College
- Immediate past Education Chair for FICS
- Master Instructor for FICS international seminars and faculty at the Camera Institute, Philippines
- Director of Education & Research at Foot Levelers USA
- Founder of Elite Sports Recovery Center, Florida USA
- Worldwide lecturer on the Kinetic Chain and Performance
- Athletes in soccer, triathlon, and water polo.
- Runs a sports recovery centre for top-tier athletes in Florida USA.
- In the Gym at 6.30am every day - because she lives this stuff
- Over 2 decades working at International events at the highest level.

**A POWERHOUSE IN SPORTS CHIROPRACTIC AND KNOWN FOR HER ABILITY TO CREATE STRATEGIES THAT ACTUALLY WORK AND PROVIDING LESSONS LEARNT FOR THOSE DIFFICULTY INJURIES.**

- ✓ **GROW YOUR EXPERTISE.**
- ✓ **CHALLENGE YOUR CURRENT THINKING.**
- ✓ **LEARN THE LESSONS THAT SHAPED A GLOBAL SPORTS CHIROPRACTOR'S CAREER.**
- ✓ **JOIN A COMMUNITY OF LIKE-MINDED PRACTITIONERS COMMITTED TO EXCELLENCE.**



# ICSC SEMINAR

# INSTRUCTORS

**THEORY ONLINE. CLASS TIME 100% PRACTICAL**